



November

Rohan Woods School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Did you know?



The first Thanksgiving lasted three whole days in 1863!

Garlic Buttered Noodles
Chicken
Carden Salad
Fresh Apple Slices
Chocolate Chip Cookie **1**

Breaded Chicken Patty
Golden French Fries
Cooked Broccoli
Mandarin Oranges **2**

Carnival Corn Dog
Smiley Face Potatoes
Icy Blueberries Salad **3**

French Toast Nibblers
Crispy Bacon Slice
Yogurt
Frosty Peaches **6**

Pepperoni Hot Pocket
Tossed Mixed Greens
Diced Pears
Yogurt **7**

Baked Macaroni & Cheese
Chicken Strip
Fresh Veggies & Dip
Mandarin Oranges
Goldfish
Brownie **8**

Toasted Ravioli
Steamed Broccoli
Breadstick
Sweet Strawberries **9**

Report Card Writing Day
No School
No Childcare Available **10**

Belgian Waffle
Pork Sausage Patty
Fresh Melon
Creamy Yogurt **13**

Chicken Strips
Buttered Noodles
Green Beans
Mandarin Oranges **14**

Goopy Cheese Pizza
Tossed Salad with Ranch Dressing
Frosty Cherries
Ice Cream Cup **15**

Stadium Style Hot Dog
Tater Tots
Fresh Veggies & Dip
Frosty Peaches **16**

Soft Beef Taco
Fiesta Rice
Sweet Golden Corn
Sweet Strawberries **17**

French Toast Sticks
Crispy Bacon Slice
Yogurt
Frosty Peaches **20**

Early Dismissal
11:30
No Childcare Available **21**

Thanksgiving Break **22**

Thanksgiving Break **23**

Thanksgiving Break **24**

Belgian Waffle
Pork Sausage Patty
Fresh Melon
Creamy Yogurt **27**

Garlic Buttered Noodles with Chicken
Garden Salad
Fresh Apple Slices **28**

Spaghetti with Meat Sauce
Garden Green Beans
Pineapple Chunks
Bread Stick
Brownie **29**

Soft Beef Taco
Fiesta Rice
Sweet Golden Corn
Sweet Strawberries **30**

**Available for
Staff & 6th Graders**

Garden Salad Bar

**With Choice of
Eggs, Cheese, Chicken,
Ham, or Turkey**

MENU IS SUBJECT TO CHANGE

Contact our dietitian
at lisa@foodserv.org for special
dietary concerns

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org

