

ROHAN WOODS SCHOOL HEALTHY HABITS MENU Healthy Habits Menu-September 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	PRIDAY 3
Marian		Baked Chicken Strips	Toasted Ravioli	Cheese Pizza
(00)		Seasoned Potatoes	Bow Tie Noodles	Smiley Fries
	Leave leave	Green Peas	Broccoli	Tossed Salad
		Fresh Fruit	Mixed Fruit	Milk, Fat Free
	21	Chocolate Pudding	Milk, Fat Free	iville, rue rree
		Milk, Fat Free	ivillity i de l'icc	
		wink, rattree		
Cambra		ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES
Cantan	nnor	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast
		Soy Nuggets	Soy Nuggets	Soy Nuggets
000001		Veggie Burger	Veggie Burger	Veggie Burger
6 7		8	yeggie burger	10
0.0000000000000000000000000000000000000	Walking Taco	Mini Corn Dogs	Turkey & Cheese Wrap	Popcorn Shrimp
HAPPY	Corn	Broccoli	Tossed Salad	French Fries
LABURS	Rice Pilaf	Seasoned Noodles	Chips	Green Beans
			Mixed Fruit	Fresh Fruit
99	Apple Sauce	Oranges		
	Milk, Fat Free	Vanilla Pudding Milk Fat Free	Milk, Fat Free	Milk, Fat Free
The state of the s		Milk, Fat Free		
	ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES
1				
Nolchal	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast
1 4 00 101	Soy Nuggets	Soy Nuggets	Soy Nuggets	Soy Nuggets
13	Veggie Burger 14	Veggie Burger 15	Veggie Burger 16	Veggie Burger 17
Waffles	Grilled Chicken Taco	Grilled Hamburger	Pasta Day!!	Chicken Snack Wrap
Bacon	Corn	Green Beans	Bosco Stick	Tossed Salad
Tator Tots	Spanish Rice	French Fries	Broccoli	Chips
Strawberry Yogurt	Peaches	Mixed Fruit	Fresh Fruit	Milk, Fat Free
Milk, Fat Free	Milk, Fat Free	Cookie	Milk, Fat Free	wilk, rat riee
ivilik, rat riee	IVIIIK, FAT FIEE	Milk, Fat Free	Willik, Fat Flee	
		wilk, rat free		
ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES
Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast
Soy Nuggets	Soy Nuggets	Soy Nuggets	Soy Nuggets	Soy Nuggets
Veggie Burger	Veggie Burger	Veggie Burger	Veggie Burger	Veggie Burger
20		22	23	24
Pancake	Soft Taco	Pepperoni Pizza	Lasagna	Fish Sticks
Sausage	Rice	Tossed Salad	Broccoli	Seasoned Potatoes
Tator Tots	Corn	French Fries	Breadstick	Green Beans
Vanilla Yogurt	Applesauce	Fresh Fruit	Peaches	Fresh Fruit
Milk, Fat Free	Milk, Fat Free	Cookie	Milk, Fat Free	Milk, Fat Free
,	inner, acree	Milk, Fat Free	,	,
ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES
Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast
Soy Nuggets	Soy Nuggets	Soy Nuggets	Soy Nuggets	Soy Nuggets
Veggie Burger	Veggie Burger	Veggie Burger	Veggie Burger	Veggie Burger
27		29	30	- 55 5
French Toast Sticks	Grilled Cheese	Boneless Chicken Drummies	Chicken Sandwich	
Bacon	Tomato Soup	Mashed Potato	Rice Pilaf	
Yogurt	Greens Peas	Corn	Green Beans	. 14
Milk, Fat Free	Goldfish	Fresh Fruit	Mixed Fruit	
	Applesauce	Rice Krispies Treat	Milk, Fat Free 🌉	
	Milk, Fat Free	Milk, Fat Free		
		·	Tuck file.	
ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES	ALTERNATE ENTREES	
Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	Baked Chicken Breast	
Soy Nuggets	Soy Nuggets	Soy Nuggets	Soy Nuggets	
Veggie Burger	Veggie Burger	Veggie Burger	Veggie Burger	

Chocolate Milk on Fridays

Dessert on Wednesdays



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